

Parent Guide

How can I use this with my children?

This set of journal printables are designed to be used throughout the summer holidays. Your child can choose which pages they wish to print off and include in their own personal journal.

How does this help my children's learning?

Encourage your child to continue writing throughout the holidays and engage in creative projects such as baking, family walks and crafts during summer, while also supporting their mental wellbeing.

Ideas for further learning:

Why not encourage your child to design their own journal pages from scratch? Decorations can be added using coloured scrap paper and washi tape.



Summer Journal Guide

- Mix and match which pages you want to print off and include in your own summer journal.
- You could create your own folder to keep all your journal pages together, or maybe you could stick the pages in a notebook?
- Use the spaces on the journal pages to write or doodle your memories of summer. Maybe you could take some photographs and stick some in your journal?
- Design your very own pages using plain, dotted or squared paper. Use a ruler to draw your own layouts and decorate using scrap paper, stickers or washi tape.



Printable	Description
My Summer Journal (Front Cover)	Personalise the journal cover by writing your name and colouring in the summer doodles.
My Summer Bucket List	What plans do you have to make the most of summer? Jot down all your ideas at the start of the holidays and see how many you can tick off by the end.
Summer Mood Tracker	Reflect on your daily feelings with this summery mood tracker. Complete the key with a separate colour for each emotion. At the end of each day, colour in a section of the ice lolly according to how you feel.
Summer Doodle a Day	Use the prompts to draw a doodle a day throughout summer. Can you complete all 42 doodles before the end of the holidays?
My Summer Time Outdoors	Summer is the perfect time to enjoy lots of time playing and exploring outdoors. For every hour spent outside, colour in one leaf. Set yourself a goal at the start of the holidays and count up how many hours you achieve by the end.
Summer Smiles	This gratitude journal can be used to reflect on all the positive memories during each day of summer. Print off one a week and use pictures or words to describe all the things that made you smile, whether big or small.
Summer Daily Diary	Fill out this daily page if you prefer your journal to be similar in style to a diary. This is a great way to practice your writing all summer long as you record your daily memories.

<p>My Summer Baking</p>	<p>A brilliant page for any keen bakers! The summer holidays can be a great chance to enjoy some baking, whether for a picnic or for a tasty treat. Use this space to draw or stick pictures of your summer creations and to rate your own bakes.</p>
<p>Summer Reading Log</p>	<p>Set yourself a reading goal and use this page to track your progress. How many books can you read by the end of the summer holidays?</p>
<p>Summer Makes</p>	<p>What crafty creations can you make during your summer break? Draw or stick pictures of your summer makes and jot down how you created each one.</p>
<p>Summer Acts of Kindness</p>	<p>A page to jot down all the kind things people do for you over the summer holidays. There is also a space for you to record all the lovely things you go out of your way to do to help others.</p>
<p>Summer Days Out</p>	<p>Days out with family and friends can definitely be a highlight of summer! Print off a copy of this journal page every time you enjoy a fun outing and use it to record your favourite things about that day.</p>
<p>Summer Walks</p>	<p>Explore your local area this summer and enjoy some walks with the rest of the family. Use this page to record where you went, what you saw and how far you travelled.</p>
<p>My Summer Favourites</p>	<p>Complete this page at the end of the summer to reflect on all your favourite parts about the holidays. This will be a lovely page to look back on and a reminder of all the fun you had.</p>